

Joaquin Istilliarte - 206 palabras – 33 min

“The main goal of technology is to reduce the amount of effort people put intro difficult tasks. This means that we can do the same amount of work in less time or not do any work at all, because, why would I do something if a computer can do it?

It is true that technology facilitates laziness, it is increasingly common to order food from home through an app, thus solving little inconveniences like thinking of what to eat or walking a couple streets to the market. However, there are certain apps that make people purposely lazy like much of the social network algorithms. The goal of the latter is to entertain or distract people the most time possible.

Nevertheless, the help that technology brings to everyday life is undeniable. For much of the people who do not have time to think what to eat, or walk to the market, ordering food could be a rightful facility to have. Furthermore, the energy and time saved could be invested in another and more fulfilling task.

In my opinion, technology is a non-negotiable benefit to have in ones life, but it is a tool that must be carefully used, if not, it might lead to laziness very easily.”

Chiara Amor - Words: 285 - 45 min.

In this interconnected world, humans are extremely dependent on technology. The advances in technology change every aspect of our lives, altering dramatically how we work, communicate, and perceive the world around us. While some argue that technology has made life easier by making tasks effortless and increasing comfort, others contend that this makes people lazier and dependent.

One unquestionable benefit of technology is the improvement of productivity. After the invention of the internet and modern smartphones or laptops, knowledge is found in a shorter amount of time, with just one tap you can compare information more efficiently and accurately. Furthermore, the internet allows information to be constantly update in real time. This is especially relevant in fields such as science and medicine, where discoveries and advances occur frequently. Online platforms provide access to the latest information, allowing professionals to stay up-to-date in their respective fields.

On the other hand, it must be recognized that technology has made us lazier because we are used to solve problems quickly and easily instead of putting effort on them. From ordering food with an app to letting devices do tasks for us, we now tend to avoid hard work. This can make it difficult for us to deal with problems and prevents us from growing and improving.

In conclusion, the impact of technology on human behavior and society is multifaceted, both with benefits and challenges. While technology has undeniably made life easier by increasing efficiency and productivity, it also has the potential to foster laziness and dependency if we do not use it judiciously. By fostering a balance on how we use technology, based on thinking carefully and acting responsibly, we can make more advantages and reduce its disadvantages.

Matias Jonas Garcia - 251 words. 20 minutes

The advances in technology are constantly changing our lives. A few years ago, working in home was a futurist dream. However, are we talking about benefits only? Or there is disadvantages in our technology's lives?

Get onto, the use of technology easily brings any theme, matter, or information we need, practically in a second. From a few years ago, neuroscientific has been reporting a cognitive phenomenon, call it "Google Effect", that is consists in a detrimental performance in working memory, due to the lack of practice and use of this cognitive functions. For example, if you can search anytime that you want a song or a word, your brain understands you don't need to memorize it. Thus, we can affirm that technology has been doing people lazier.

On the other hand, there is inegable that technology has brought advances and improvements nowadays our quality of life. It is enough to think about the way we pay bills, or the security of economical transactions we have every day. Can you imagine spending hours going to pay bills outside your home? Or using checks or cash for every transaction you need to do? We can assume -without doubts- that technology has improved the way we live and automatizes several activities in our daily lives.

Summarizing, technology are here to stay. It brings attached pros and cons, that are undeniable. As a hammer it is just a tool. Depending on the user whether it will be used to build something or for destroying it.

Gonzalo Burgos Herrera - 169 words - 29 min.

The usage of technology became an everyday activity during the, at least, the last thirty years. Inside the concept of technology relies many hardware and software that we use from early in the morning to late at night and, also, while we are sleeping

Regarding of artefacts tha made our life easier is, for example, the fridge! I think that is so incorporated in our daily life that we cannot even notice its presence. Another example of life simplifier, and now talking about something intangible, is Internet. Can you imagine an entire week without Internet? Or just a whole day? Nowadays our lifestyle is totally covered in internet-depending devices that allow us to work, study and even relaxing.

Related with this last point the use of technology in our free time can be counterproductive. Being on-line permanently make work and free time schedules hard to separate.

I consider that technology is a gateway to a simpler routine but it is necessary to take some time to be off-line too!

Juan Ignacio Pettenazza

Today, technology is everywhere. It is a fact that its purpose is to make activities more productive. In doing so, it also makes our lives much easier. This does not detract from the fact that it also makes people lazier. Technology is something that has many benefits but also has many disadvantages.

A great benefit that comes with it, is the easy access to information, anytime, anywhere, unlimited. And even more now, with AI implementation, which not only provides any type and amount of information, but it also processes it the way you want, like chatgpt. Another great benefit of technology is the improvement in communication making it faster, easier and more efficient. Now we can connect with friends or family through social media and messaging apps.

While technology has undoubtedly brought numerous benefits to our lives as the ones mentioned, it is also true that it can contribute to making people lazier in certain aspects, such as the reduction in the need for physical labor and manual work, like for example the need to walk from one place to another. Other disadvantage that comes with the daily access to technology it may be that makes people less cult. Because they don't have the need to retain big pieces of information, due to the easy availability.

To conclude, although technology makes our lives easier and more productive it can also deteriorate our quality of life, making us less healthier mentally and physically.

Nowadays, the development and improvement of technology is making a more comfortable life in many aspects. Today, technology can be used to solve real-world problems, make any activity easier and help us to reduce time and effort. Even though it is undeniable that our society use it more that we actually need it.

In one hand, it is true that technology make people's live lazier because we take advantage and use it to buy food or look for inoformation instead of do it by ourselves. I believe that today every person, not matter what age you are, the first action is to take the smartphone and resolve things by using the technology. We do that without thinking and sometimes can not control it, which finally leads to becoming a technology dependent.

In the other hand, is a fact that technology helps us to solves problems and reduces time of work. That means we have more free time and can invert it in others activities. However, if we use that earned time to do nothing and just rest and watch TV, then technology is facilitating laziness. Therefore, therein lies the basis of the problem.

In conclude, i think that technology is a very helpful tool but it is hard to make a proper use of it. So in my opinion, the best use of it is to benefit only when we have the need_or it will make the difference in time.

Tomas O'Connor - Words: 268. Time: 18 mins.

Technology has been fast developed in recent years. In this sense, people started to rely some task to technology, as well many activities started to be much easier with the help of this new tools. But also, this innovation has some disadvantages that worries many professionals. In this text I am going to talk about advantages and disadvantages of technology in this new era.

Related to the advantages I can say that in the past people waste a lot of time doing some activities that generates stress and loss of time. For example, most of paperwork or bureaucratic activities where only able to be made in presence, while now people are able to do many of these labors online in their phone. Also, technology has helped in medicine. For example, many surgeries are now capable to be done with the help of specialized robots.

In the other hand, with the advance of technology, there are some important disadvantages. One of the most important is the loss of employment. As I said before many activities that in the past were made by people, now are done by machines so, for example, in a fabric that there were need many people for a task, maybe now they only need one.

In conclusion, technology is the most important advance in this era. I can see more advantages related to this human development than disadvantages. But I also think that as humans, we have to adapt to technology and start to change the way we live and exist, trying not to forget that the center is human life and not the technology.

Abril Gonzalez - 35 minutes 210 words

Nowadays, technology is well known as a great and useful device, but it has its advantages and disadvantages depending on its objective.

One of the most advantages of technology is that, (besides the fact that it makes people's lives easier), it communicates with humans all over the world with just an internet connection. It also connects us to do the tiring tasks that persons are obligated to do. For example going to the bank, doing groceries, to ask for a medical appointment and we have it in just one or two touches on an app.

The disadvantage of technology however, is that offering all the solutions to people's problems makes them lazier, if they can do it from the comfort of their home, they will do.

The negative thing about this great technological advantage is that it creates a dependence of the human being on it, for example, trusting passwords and important personal information in the tool thinking that it is 100/100 safe but it can be hacked or simply the artifact breaks and we can lose what we trust inside the device.

In conclusion, we must be careful with the uses that people give to technology since it can have a positive or negative impact on our lives.

Enrique Posadas - 178 palabras 15min

The debate about the laziness and practicality aspects of technology is as old and important as the actual technological improvements that it involves. On one side there are some that think that, as technology makes everything simple and easy, it has developed a society that wants everything like that, simple and easy. Everyone has that uncle or grandfather that says that google makes everything too “at a reach” and that, in his childhood, kids made an effort to go to the library and actually look for things. On the other side, there are some people who defend the practicality of technology. They state that technological advances have moved forward every single aspect of mankind. Crops are not harvested the same way as they were in the twentieth century and cars are not being made the same way as when they first were invented, to name a few examples. I believe that, while there is some truth when people complain about how lazy technology has made us, we cannot argue that technological advances have moved mankind forward in time.

Adrian Oscar Sanchez

Technology has a strong impact on our lifestyle. For sure, many aspects of our life have become easier. Indeed, some people argue that we might be getting lazier, too. I agree with the former opinion and the positive side of technology has a heavier impact in our lives either in quite different areas such as communication or healthcare.

An ordinary example is our cellphone. They have expanded its function beyond a simple call. Now we use it for communication in very different ways like accessing social media, texting a friend, family, boss or partner, sending emails, having online meetings. Communication never has been so easier.

Indeed, technology has improved our health too. The more sofisticated and advanced devices and machines allow us to better our understanding what is wrong with our bodies. And the more accurate results, the better the chances that our doctors make a more accurate diagnose.

Despite the fact we might be getting lazier, the positive side of technology is by far more important, however. From communication to healthcare, the technological progress in these amongst other areas will still make our lives better.